

# precis™

## Men's Health

Recommended Use: Take 2 capsules daily.

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Folate (as Folic Acid)	480mcg	120%*
Zinc (as Zinc Aspartate)	15mg	100%*
Proprietary Blend	1440mg	†
Saw Palmetto ( <i>Serenoa repens</i> Small) Berry Extract		†
African Pygium ( <i>Prunus africana</i> Hook) Extract		†
Lycopene		†

\*Percent Daily Values based on a 2,000 calorie diet.

†Daily Value not established.

**Other Ingredients:** Vegetable Gelatin, Stearic Acid and Silicon Dioxide.