

### WHAT IS PRECIS™ BONE HEALTH?

Precis Bone Health is a nutritional supplement specifically designed to build, strengthen and support healthy bones.\*

### HOW IS PRECIS BONE HEALTH DIFFERENT FROM OTHER CALCIUM PRODUCTS ON THE MARKET?

Precis Bone Health is formulated with chelated minerals for superior absorption.

### WHAT ARE THE KEY INGREDIENTS IN PRECIS BONE HEALTH?

Calcium amino acid chelate, magnesium amino acid chelate, and boron amino acid chelate.

### WHO BENEFITS FROM A CALCIUM SUPPLEMENT?

Everyone. It's important to get the right amount of calcium, whether you're male or female. Calcium is vital for the daily operations of your body.

### AT WHAT STAGE OF LIFE SHOULD I START TO SUPPLEMENT WITH CALCIUM?

Calcium is important at all stages of life, young and old. Your bones are the framework of your body, so beginning at any time to supplement with calcium will help provide the inner strength you need to stay strong and healthy later in life.

### HOW DO I TAKE PRECIS BONE HEALTH?

It's recommended to take four tablets daily, preferably with food.

### SHOULD I TAKE VITAMIN D WITH PRECIS BONE HEALTH?

Yes, and by combining Precis Bone Health with XANGO 3SIXTY5™ you get just the right amount of Vitamin D to maximize the absorption of calcium.

### IF I'M CURRENTLY TAKING XANGO 3SIXTY5, DO I STILL NEED TO SUPPLEMENT WITH PRECIS BONE HEALTH?

Yes! XANGO 3SIXTY5 contains 250mg of calcium, so with this combination you're getting 1000mg per day, as suggested by the FDA for optimal bone health.



\* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.