



Distributor Frequently Asked Questions

What is Eleviv®?

Eleviv is XANGO's scientifically studied wellness supplement formulated to restore your body's natural vigor, helping you feel cheerful, alert, resilient, vigorous and youthful.



How do I take Eleviv?

The recommended dosage is 2 capsules daily taken with a meal, up to a maximum of 6 capsules daily. The preferred time of day to consume Eleviv is first thing in the morning – so the ingredients can work with your body to maintain normal balance during the most stressful part of your day. Although it is not necessary to consume Eleviv with food, those individuals with sensitive stomachs may find that taking Eleviv with a meal or snack reduces the chance of mild gastrointestinal discomfort (i.e. heartburn).

How do I take Eleviv with XANGO® Juice, XANGO 3SIXTY5™ and other supplements?

Eleviv can be taken in conjunction with XANGO Juice and XANGO 3SIXTY5 daily. A typical regimen would be as follows:

Breakfast:	XANGO Juice, 1-3 oz. Eleviv, 2 capsules
Lunch:	XANGO Juice, 1-3 oz. (Optional 2nd dose of Eleviv, 2 capsules)
Dinner:	XANGO Juice, 1-3 oz.

XANGO Juice and XANGO 3SIXTY5 work together for physical wellness, while Eleviv works on mental balance. Taken daily, all three supplements will create the ideal atmosphere for whole body wellness - mind, body, and balance.

All XANGO products to date have included xanthenes. Will Eleviv include xanthenes?

No. Eleviv is not intended to replace XANGO Juice. While xanthenes and XANGO Juice support internal wellness of our physical body, Eleviv supports internal wellness of mind and balance. Both should be taken together for maximum health and wellness benefits. XANGO Juice and Eleviv together maximize the business building opportunity.

Is Eleviv "all-natural"?

Yes. Eleviv is a proprietary blend of four ingredients, which are natural extracts from citrus (*Citrus sinensis*), eurycoma roots (*Eurycoma longifolia*), and green tea leaves (*Camellia sinensis*). L-theanine is a naturally-occurring amino acid that is found in green tea leaves. Our capsules are vegetarian based and made from chlorophyll.

Green tea is normally caffeinated, is this where the energy boost in Eleviv comes from?

The green tea extract in Eleviv is decaffeinated. Green tea is a tremendous antioxidant (EGCG) along with having other health benefits. Eleviv's unique four ingredient blend works to enhance metabolic balance and provides you with sustained energy without the side effect of caffeine (crash, jitters, irritability). Essentially, as your metabolic balance is brought back into alignment like when you were younger, you regain the energy of your youth.

Is Eleviv safe for everyone to use?

Eleviv is intended for adult (18 and older) use only. As with any dietary supplement, Eleviv is not recommended for pregnant or lactating women. If you have any medical condition or are taking medication, consult with a health care professional prior to use.

Can I take Eleviv if I am Pregnant/Nursing? Can children take Eleviv?

No. Although the ingredients in Eleviv are safe, Eleviv is recommended for adult (18 and older) use only and is not intended for use during pregnancy or by nursing mothers. These recommendations are based on our understanding of the ability of Eleviv to help maintain normal balance in healthy (although stressed) adults.

Can Eleviv be used in conjunction with other medications?

While the product is safe to consume, it is best to first consult your health care professional before you start taking Eleviv if you are on any type of medication.

Can I take Eleviv if I am also on Menopausal Treatments (i.e. Estrogen/Progesterone, "Bio-identical hormones")?

If you are taking any prescription or over-the-counter medications, or if under any medical care, it is always a good idea to discuss adding any new dietary supplement or herbal supplement with your personal healthcare provider, physician, or pharmacist. Eleviv does not influence the female reproductive hormones (estrogen/progesterone).

Does Eleviv contain steroids, testosterone or other banned substances?

No. Eleviv is free of any human growth hormones, steroids, or other substances that have been banned by many sports governing bodies, and particularly for use in athletic training. Testing at independent drug-testing laboratories (BSCG Lab in the U.S. and HFL Lab in the U.K.) confirm the ingredients in Eleviv are free of such substances and approved for use by athletes. Furthermore, Eleviv meets all standards of the World Anti-Doping Agency (WADA).

What are metabolic hormones?

There are many metabolic hormones that the body uses and their primary responsibility is to help control energy metabolism. Some of the key hormones are thyroid hormone, cortisol, leptin, and testosterone. These hormones perform various functions including regulating body's temperature, energy and stress-coping mechanism.

How do metabolic hormones relate to well-being?

Well-being is a state of balanced energy levels, mood, and mental function. This balance is achieved by the delicate equilibrium of metabolic hormones.

What type of science exists on this product to back up its claims? Has any of it been published?

To-date, four human clinical trials have been conducted, two on the patent-pending combination of Citrus Peel extract and Eurycoma longifolia root extract, and two others on the proprietary four-ingredient blend. These results have shown significant benefits for balance and significant improvements in psychological measures of "Vigor" (mental, physical, and emotional energy) and have been presented at eight of the top peer-reviewed scientific conferences in the world. These results will be published in scientific journals in the months and years to come. In addition, there are a number of published studies behind each of the active ingredients.

Of the research done to date, have any human clinical trials been conducted? Are there any toxicity studies?

So far, four third-party, human clinical studies have been performed on the Eleviv proprietary formulation without any adverse incidents to report. In addition, a wide range of independent laboratory and toxicity studies have been conducted on each individual ingredient — none of which have suggested any adverse or toxic effects of the individual ingredients or the 4-ingredient blend found in Eleviv.

How does XANGO ensure that the ingredients we source are untainted, of maximum efficacy, and free of toxins such as mercury?

In terms of Quality Assurance, our ingredients are standardized extracts to assure potency and safety. Our ingredients are consistent from batch to batch in terms of active compounds, but are also analyzed for microbials and heavy metals (like mercury). The ingredients in Eleviv have undergone clinical evaluation (feeding to humans) and toxicity analysis.

Where can I learn more about Eleviv?

Visit our website at xango.com or eleviv.com to learn more about Eleviv.